



Eating Disorder Treatment in Arizona



ROSEWOOD
CENTERS FOR EATING DISORDERS
A Monte Nido Affiliate

At Rosewood, adults and adolescents of all genders receive treatment at one of our Joint Commission accredited inpatient or residential programs, or day treatment programs, for anorexia nervosa, bulimia nervosa, binge-eating disorder, orthorexia nervosa, ARFID, OSFED, diabulimia (EDDMT1) or other disordered eating presentations.

Through highly individualized care, patients work toward restoration of physiological and nutritional balance, implementation of healthy eating and exercise, elimination of destructive behaviors, and motivation and treatment engagement. Rosewood offers a full continuum of care within an integrative treatment model with the only residential eating disorder program in the country to offer medical detox and acute care services within a seamless continuum of care.

- **Multidisciplinary, Evidence-Based and Experiential Therapy:** Following best practices, we integrate evidence-based therapy into interventions. Experiential activities may include an onsite equine, tai chi, yoga, meditation, low ropes course, journaling, art, and music therapy.
- **Individualized Treatment Program:** We create a unique program for each patient with their own medical, emotional, and psychological history. We include patients in their own treatment decisions.
- **Treatment for Co-Occurring Disorders:** We address underlying issues that contribute to the primary diagnosis. By identifying and addressing all disorders affecting the patient, we provide a better opportunity for a full and lasting recovery.
- **Focus on Healing the Family System:** We understand family involvement is crucial to the healing and recovery process. Families are introduced to tools they need to support their loved ones in living healthy, productive lives.
- **Strong Aftercare and Relapse Prevention:** Relapse prevention at Rosewood starts when the patient first begins treatment and it continues long after they resume their lives. During treatment, patients participate in weekly sessions to strengthen the coping skills they'll need after discharge.

www.rosewoodranch.com | 800.845.2211

Services in: Phoenix Metro, Wickenburg and coming soon to Scottsdale
Inpatient, Residential and Day Treatment for eating disorders

To learn more about the eating disorder treatment offered at Rosewood, visit the website by scanning the QR code:



OTHER PROGRAMS IN THE MONTE NIDO & AFFILIATES FAMILY



Monte Nido

www.montenido.com | 888.228.1253

Eating disorder treatment for all genders in a serene, natural environment, where clinicians, many recovered themselves, combine clinical wisdom, outcome-backed treatment, evidence-based protocols and mindfulness practices for mind, body, and soul. Monte Nido provides residential and day treatment programs for adults and adolescents of all genders in CA, IL, MD, MA, NY, OR, PA and TX.



Clementine

www.clementineprograms.com | 855.900.2221

We help adolescents replace the eating disorder with healthy skills and a deep understanding of how to live a life that reflects their individuality. Clementine provides residential eating disorder programs for all genders in CA, FL, GA, IL, MO, NJ, NY, OR, TX and VA.



Oliver-Pyatt Centers

www.oliverpyattcenters.com | 866.511.4325

We strive to genuinely connect with each individual, address the core issues driving the eating disorder, and provide the tools need to live a meaningful life. Oliver-Pyatt Centers provides residential and day treatment programming for females at it's Florida programs.



Walden Behavioral Care

www.waldeneatingdisorders.com | 888.305.2997

Changing lives, one person at a time. Walden Behavioral Care provides inpatient, residential and day treatment programming to adults and adolescents of all genders at its MA, CT and GA programs.



Monte Nido & Affiliates

Administrative Offices www.montenidoaffiliates.com | 305.663.1876

We save lives while providing the opportunity for people to realize their healthy selves. Monte Nido & Affiliates is headquartered in South Florida.

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